

Amendments to the Specification:

Please replace the paragraph beginning on page 6, line 6 with the following rewritten paragraph:

The spring 103 is disposed in a pressure chamber 120 between the cylinder part ~~102~~ 101 and the piston part 102. The pressure chamber 120 is closed by a one way valve 104 consisting of a closure member 111, a vehicle spring 112 and a valve cage 113. In flow direction ahead of the one way valve 104, there is another check valve 105, which includes a valve cage 110 with an integrated valve spring and a blocking valve member 109.